



*37th Annual Educational Conference and Exposition
Seattle, WA*

GM33 Break the Cycle of Stress: Skills for Health and Peak Performance

Speaker: David and Karen Gamow

Date: Wednesday, May 07, 2008

Time: 2:15 PM - 3:30 PM

Attendees: 160

Responses: 148

- 1. The presenter demonstrated mastery of the topic..... 6.91
- 2. The presentation was well organized..... 6.87
- 3. The content was interesting to me..... 6.84
- 4. My learning objectives for this course were addressed..... 6.77
- 5. I gained new insight relevant to my work..... 6.68
- 6. The difficulty level of this presentation was appropriate..... 6.80
- 7. The handouts appropriately supported the presentation..... 6.53
- 8. The visual aids appropriately supported the presentation..... 6.51
- 9. Presenter made good use of allotted time..... 6.84
- 10. The conference brochure described the course adequately..... 6.79

Total conference average was: 6.05 (Out of a possible 7) **Overall Rating: 6.75**

- 11. Presenter and topic were excellent..... 6.88

	<u>Yes</u>	<u>No</u>	<u>No Answer</u>
12. The length of the course was appropriate.....	97.3%	2.7%	1.4%
13. The facilities for this presentation were satisfactory.....	90.4%	9.6%	1.4%
14. Presentation was adequately detailed.....	99.3%	0.7%	1.4%
15. Presentation was relevant to my profession.....	99.3%	0.7%	0.7%
16. I would recommend this speaker(s) for future conferences	100.0%	0.0%	2.8%

Dear David & Karen,

Your session was one of the most highly rated! Thank you to you and David for all of your work. As such a highly rated speaker, we will definitely keep you mind for future events. Thank you again.

Pam Stong, Director of Professional Development
Association of Legal Administrators